



VINAYAK JAYA MALLA

MOUNTAINEER | IFMGA/UIAGM MOUNTAIN GUIDE

DOB: 16 June, 1988, Parbat, Nepal | Married | 977-9841541688

- Certified mountain guide and instructor based in Nepal.
- Successfully guided clients in dozen of expeditions including Everest.
- Actively engaged in technical rescue missions in Nepal.
- Love exploring and bolting new rock climbing routes.
- Enjoy ski mountaineering, climbing rocks & ice.



MOUNTAINEERING EXPERIENCE:

YEAR	SUMMITS OF MY LIFE
2025	Everest, K2, Manaslu, Ama Dablam
2024	Lobuche East , Everest, Patrasi, Kuksay Peak (China), Manaslu, Ama Dablam
2023	Everest, Manaslu, Lobuche East
2022	Dhaulagiri
2021	Manaslu, Himlung, Pisang Peak
2020	Ama Dablam
2019	Everest
	Lhotse, Chulu East, Chulu West, Pisang Peak, Ama Dablam
2018	Mont Blanc (4807m)-France, Mont blanc du Tacul (4248m)
	Aiguille du Midi (3842m), Aiguille Dibona (3130m), Mont Mardi (4465m)
2017	Everest
2012- 2016	Larkey Peak , Island Peak, Lobuche East
	Baden Powell Scout Peak, Sisne Himal (First ascent)
	Stok Khangri- India



MOUNTAINEERING PROJECTS:

- First Alpine Ascent of <u>Patrasi (6521m)</u> in June, 2024. (The Piolets d'Or main award nominee)
- Attempted Manaslu Winter Ascent in 2021 in Alpine Style with Tenji Sherpa.
- Successfully completed Lhosar, a 800m long ice climbing route of grade WI5 in a team.

RESCUE MISSIONS:

DATE	MISSION NAME	DESCRIPTION
2022	Tara Air Crash	Participated in the search and recovery operation to retrieve bodies and the black box during the Tara Air crash in Mustang.
2021	Missing French Climbers	Three renowned members of the French Climbing Team went missing on Mount Kangtega. I was tasked with operating RECCO, along with other IFMGA guides, to conduct a search and recovery operation.
2017	Everest Balcony- Southcol Rescue	I rescued a climbing member, Minima Wangdi Sherpa, from Everest South Col due to severe snow blindness.
	Search and Recovery of Swiss mountaineer Ueli Steck- The Swiss Machine	I took part in the search and recovery operation for Ueli Steck, whose body was found near Everest Camp III on Nuptse.



INSTRUCTOR EXPERIENCE:

I have been actively engaged as an instructor in several mountaineering organizations in Nepal and India. These are some of the courses that I have been involved in:

- Introductory Rock Climbing
- Introductory Ice Climbing
- High Mountain Rescue Training
- · Aspirant Mountain Guide Training
- Mountain Leader Training

SPORT CLIMBING DEVELOPMENT:

DATE	Project	DESCRIPTION
2022	Manang Rock Trip	In June 2022, I led a team to bolt 27 new rock climbing routes around Bhratang, which is now one of Nepal's biggest sport climbing spot.
2019-2020	Ice Climbing Festival	Organised two Ice Climbing Festivals at Humde, Manang with Nepal Climbing Team.
2016-2019	New rock routes	During my IFMGA mountain guide training, my friends and I explored and established new rock climbing routes around Manang.



TRAINING AND CERTIFICATIONS:

YEAR	TRAINING
2025	Avalanche Training Level 1- Snow Safety Australia Gulmarg, India
2024	Wilderness First Responder (WFR)- SOLO
2023	Rope Access, IRATA LEVEL I
2022	Wilderness First Aid - SOLO
2020	RECCO Operator Course
2018	IFMGA Certified Mountain Guide Course Nepal National Mountain Guide Association (NNMGA) and Nepal Mountaineering Association (NMA)
	Ski Course Level-II Nepal National Mountain Guide Association (NNMGA) and Nepal Mountaineering Association (NMA)
	Ski Course Level I Nepal National Mountain Guide Association (NNMGA) and Nepal Mountaineering Association (NMA)
2017	General Training of Trainer (GTOT) Himalayan Climbing and Mountaineering School
	Instructor- Mountain Leader Course (Winter component) Nepal Mountaineering Association (NMA), and International Climbing and Mountaineering Federation (UIAA)
	NMA Mountain Leader Assessor Training Course Nepal Mountaineering Association (NMA) and PETZL Foundation
	NMA/IFSC Route Setting, Judge Course/Seminar Nepal Mountaineering Association (NMA)



YEAR	TRAINING
2015	Aspirant Guide Course Nepal National Mountain Guide Association (NNMGA) and Nepal Mountaineering Association (NMA)
	Basic Mountaineering Training Nepal Mountaineering Association (NMA) and PETZL Foundation
2013- 2014	Advance Mountaineering Training Nepal Mountaineering Association (NMA) Rock Climbing Course Level I Nepal Mountaineering Association (NMA)
	Training of Trainers for Mountain Leaders
	Mountain Leader Instructor Course Nepal Mountaineering Association (NMA), and International Climbing and Mountaineering Federation (UIAA)
	Basic Mountaineering Course Alpine Association of Slovenia
2040	Basic Mountaineering Training Nepal Mountaineering Instructors Association (NMIA)
2012	NMA Trek Leader Further Training (Advance) Nepal Mountaineering Association (NMA), PETZL Foundation and International Climbing and Mountaineering Federation (UIAA)
	NMA Trek Leader Tutor Training Nepal Mountaineering Association (NMA), PETZL Foundation and International Climbing and Mountaineering Federation (UIAA)
	Trekking Guide Training Nepal Academy of Tourism and Hotel Management (NATHM



ACHIEVEMENTS:

YEAR	TITLES
2016	1st Position- Monsoon Madness 2016 Nepal Mountaineering Association (NMA)
2016	3 rd Position- 3 rd Park Young Seok Open Climbing Competition (Lead Category) Nepal Mountaineering Association(NMA)
2014	10th Position- 3rd IFSC-NMA National Open Climbing Competition Lead (M&W) Nepal Mountaineering Association (NMA)
2014	4 th Position- Heritage Vertical Onsight
2014	1st Position- Open Invitational Sport Climbing (Lead) Competition
2013	4 th Position- 2nd IFSC National Open Lead Climbing Competition Nepal Mountaineering Association (NMA)
2013	1 st Position in Wall Spiders
2012	4 th Position- 1st IFSC National Open Climbing Competition Nepal Mountaineering Association (NMA)
2012	2 nd Position- 1st Inter College Sports Climbing Competition
2012	3 rd Position- ClimbMandu Carnival - Speed Climbing ASTREK, HOF and Nepal Sutra
2012	3 rd Position- ClimbMandu Carnival (Dyno) ASTREK, HOF and Nepal Sutra.



REWARDS & RECOGNITIONS:

YEAR	TITLES
2022	Prabal Jana Sewa Shree Chaturtha President of Nepal
2021	Route Setter in Lead Climbing Category 6th Park Young Seok Open Climbing Competition NepalMountaineering Association (NMA)
2020	New Rock route set- Chame, Manang Nepal National Mountain Guide Association (NNMGA)
2019	2nd JAT- Nepal Inter Journalist Wall Climbing Competition Journalists' Association for Tourism, Nepal

EDUCATION:

DATE	ACADEMIC QUALIFICATION
2005-2008	INTERMEDIATE COURSE IN COMMERCE Public Youth Campus, Kathmandu Affiliated to Tribhuwan University
2004	School Leaving Certificate (SLC) Shree Vidhyajyoti Secondary School Parbat, Nepal



BOARD MEMBER OF:

ORGANIZATION	ROLE/POSITION
Nepal National Mountain Guide Association (NNMGA)	Executive Member Route Exploration and Development Committee
Nepal Mountaineering Instructor Association (NMIA)	Executive Member
Gandaki Alpine Club (GAC)	Second Vice President
Nepal Adventure Running Federation (NARF)	Secretary
Peak Fifteen Foundation	Vice President

ASSOCIATED WITH:





















CONTACT ME:

Email: sportvinayak@gmail.com
Instagram: @malla.mountaineer
Facebook: Vinayak Jaya Malla
Website: www.vinayakmalla.com

Tel: 977-9841541688